Resources to assist and improve your study skills

Below is a list of links to websites or Wikipedia that hold useful information on study skills and mind mapping. These resources may not be suitable to all students.

- **Mind Inspiration is a useful website with some free information and ideas for mind mapping. There is also an opportunity to purchase resources from the website.**

http://www.mindmapinspiration.com/

- **A link to Wikipedia (Mind Mapping)**

http://en.wikipedia.org/wiki/Mind_mapping

- **Stella Cottrell is an author recommended by many learning needs assessors. This link will take you to Wikipedia.**

http://en.wikipedia.org/wiki/Stella_Cottrell

- **Anthony 'Tony' Peter Buzan is an author recommended by many learning needs assessors. This link will take you to Wikipedia.**

http://en.wikipedia.org/wiki/Tony_Buzan

There are many books and computer software programmes available and each individual needs to understand what book/programme is best suited their needs.

Note* Books and software programmes will need to be purchased at a cost to the student. YMCAfit do not purchase these resources for you.