

Residential Wellbeing Coach

Job Specification at Body Corporate



Body Corporate

Body Corporate create healthier people, workplaces and homes, through partnering with landlords & businesses to implement, grow and deliver efficient, effective and inclusive wellbeing programmes.

Over the last decade Body Corporate has supported and advised global brands and FTSE 100 companies, delivered over 30,000 services and worked with over 10,000 users nationwide.

About the role

Body Corporate are aggressively expanding their contracted health and fitness professional network to support their growing number of locations and services offered to their partners.

This role is about delivering exceptional customer service, personal training, inductions/health assessments, and teaching group exercise classes in a gym within a residential block. You will have the opportunity to build your Personal Training business from the pool of residents in the building(s) without any overheads (gym rent) or competition (exclusive access to the gym) under the guidance of our coaches and mentors. There is also the opportunity to add more revenue streams on an ad-hoc basis depending on the events offered at the site.

You will report to the Operations Director, Andre Marques.

Job Role: Residential Wellbeing Coach

Key Tasks include:

- Teach 2 group exercise classes per week
- Build your own Personal Training clients from the pool of residents with no gym rent or competition from other PTs

Contract length: 3 months. Extension available upon performance review.

Hours: Self-employed (potential to add on to your current schedule)

Pay: Personal Training OTE £20,000-£30,000+ with paid classes depending upon experience

Start Date

Tuesday 4th January 202

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Locations available:

Greenford, London (Greenford Tube Station)
Harrow-on-the-Hill, London (Harrow-on-the-Hill Tube Station) – PT only
Croydon Town Centre (East Croydon Railway Station)
Nine Elms, London (Vauxhall Tube Station)
Aldgate, London (Aldgate East Tube Station)
Fulham, London (Imperial Wharf Railway Station)
Canary Wharf, London (Canary Wharf Tube Station)
Walthamstow, London (Blackhorse Road Tube Station)
Houslow, London (Hounslow East Tube Station) – PT only
Sutton (Sutton Railway Station) – PT only

Manchester City Centre - PT only

Liverpool City Centre - PT only

Dublin City Centre

Qualifications, Skills and Values:

- A highly professional, level 3 qualified personal trainer with some experience in driving and developing PT sessions
- Has experience in effectively designing and managing fitness programmes, both individual and group programmes.
- Has the ability to teach group exercise classes.
- Has the ability to provide inductions.
- You will be confident in delivering excellent customer service
- Excellent written and oral skills, you will also show you are able to communicate effectively at all levels.
- Confident IT skills – word and excel

The Benefits

We want you to grow with us and build a fitness business that you can be proud of. We promise that we will support you with training opportunities and career development options through our expert coaches and mentors.

Contact

If you feel that you are the right candidate for this role then please email in your cover letter and CV to Andre Marques, Operations Director at andre@bodycorporate.co.uk. Applications will be considered as they are received, and interviews will be arranged accordingly.

www.bodycorporate.co.uk