Central YMCA

Our values

We are driven by equity and believe everyone can thrive.





We are brave, always striving to do the right thing.

We nurture people to succeed.





We are creative, adapting and evolving to tackle today's challenges.

Purpose: Advance the education, health and wellbeing of our communities.

Mission: Create improved access to life-changing opportunities.

Vision: Enable everyone to achieve their potential, live a fulfilled life and contribute positively to society.



